



Welcome to Ving Tsun!

Welcome to Advanced Wing Chun Academy! Wing Chun is a system of traditional Chinese Kung Fu, taught in a spirit of cooperation. Currently there are classes available for men and women.

Ving Tsun is not a sport, not for tournament fighting, or competitions, Ving Tsun is a valuable self-defense, a way of life and method of self-improvement.

The words kung fu mean, hard work, for a long time of a skilled person. There is no belt ranking system, instead a respect for elders is practiced.

The instructor is called *Sifu*, and male classmates who start before you are called *Si-Hing*, the students that start after you are called *Si-Dai*, female classmate that start before you are *Si-Jer* and after are *Si-Mui*. You should respect everyone in your kung fu class; your kung fu depends on it.

The more you improve the kung fu of your fellow students, the more you will improve, You will learn how to do kung fu for yourself, as well as teach it. To master kung fu, you must enjoy being kind and helping others.

Ving Tsun was developed hundreds of years ago in southern China, and has been handed down without changes.

It is very important to keep it the same without new ideas.

Kung Fu takes a lot of time, energy, and is worth it.

Kung Fu is not something hard to do, something you can do when you are old, and it may save your life one day.

I started training martial arts in 1979, started teaching in 1997, and sincerely enjoy it. Thank you for joining and I am sure you will benefit.

Sincerely,

Sifu N. Jordan

Advanced Wing Chun Academy

Hold Harmless Agreement and Assumption of Risk and Release.

The undersigned assumes all responsibilities for all and all risk of damage or injury that may occur to the undersigned as a student in the Advanced Wing Chun Academy. This includes while attending classes, participation in exercise or training, or using equipment or facilities, or following course instruction in or out of the *Advanced Wing Chun Academy or location. In consideration of being accepted as a student, the undersigned hereby releases and discharges the Authentic Wing Chun Kung Fu School, its owners, employees and agents from all claims, demands rights of causes of action, present or future, whether known or unknown, anticipated or unanticipated, and resulting from or arising out of, or incident to the undersigned's use or intended use, of the Authentic Wing Chun Kung Fu School, studio or location, or facilities and equipment in such a place or as a result of or incident to, engaging in the school exercises, training, self-defense, fighting in the school or anywhere. I further release the Authentic Wing Chun Kung Fu School and owners, members instructors from all claims of liability for property damage or loss or valuables, lost, mislaid or stolen.

I sign this release, realizing that my participation in the kung fu class may subject me to personal injury or bodily harm.

Sparring Rules:

No contact is permitted to the head, face, neck or groin, except for very light contact to the headgear. Headgear, mouthpiece, and padded kicking boots are required for all participants in free sparring/free fighting and groin cups are required as well as breast/chest protectors for females.

I have read and understand and sign the foregoing assumption of hold harmless agreement and assumption of risk agreement and release this day of 20 .

Signature of the Student

Printed Name of the Student

Signature of both Parents/Legal Guardians if Under Age 18

Printed Names of both Parents/Legal Guardians

Signature of Owner of the School _____ date

Application for Membership

Name:

Birth Date:

Occupation:

E-mail Address:

Home Address:

Home Phone #

Cellular Phone #

Work Address:

Work Phone #

Sex:

Height:Weight:

Hobbies:

Education:

Emergency Contact Information

Name:

Relation to You:

Address:

Phone #

Are you in good physical condition?

Do you have any handicaps or limitations?

List all prior martial arts training and length of study.

Why do you wish to study kung fu?

How or from whom did you hear about our school? Please Be Specific.

Signature _____ date

Tuition Agreement

Please make all payments in cash. Please pay \$125.00 at the beginning of your first class, which will cover the first month of lessons.

Each month thereafter you will pay \$125.00, at the beginning of the month, as long as you train. Please do not attend class if your tuition has not been paid in advance. There are no make-up classes if you miss, and you are welcome to come two nights per week.

You will not be required to sign up for any long period of time, other than the current month. There is no long term financial agreement or long term contracts to sign, no hidden costs or testing fees, competition costs etc, etc...

You must pay \$125.00 each month if you wish to hold your space in the class. You may decide to take the time off, but still need to continue making payments on time. If you decide to stop taking lessons, just let me know and your tuition is no longer due. You will be welcome to start lessons again, as long as there is space available, and it is in the best interest of the class. A \$175.00 re entry fee will be due when you return plus your monthly dues.

I personally invested thousands of dollars every year I spent learning. I had to travel long distances, pay large amounts in lucky money, as well as a lot of other cost that comes along when you learn from a traditional *Sifu*. I am very happy and confident with my years of training and investing in teaching with kung fu, but it can not be instantly purchased or stolen away from you after learn it. Wherever you go, you have your kung fu, unlike other weapons that may not be available. It is a great feeling knowing you can protect yourself and I am sure you will enjoy it as well. Thank you!

Ving Tsun Kung Fu Rules

1. Only authorized students admitted into class, no visitors or guest will be permitted to observe, participate or wait.
2. Be at peace with yourself and all others show respect to everyone.
3. Do not touch the jong or other equipment unless you have been asked to by Sifu.
4. Please remove all jewelry, watches, necklaces, and earrings before class.
5. Never come to class under the influence of alcohol or drugs. No smoking or gum chewing in the school. Anyone involved in any illegal dealings or illegal plans are not welcome to participate.
6. Be humble and courteous, never bully anyone, never start fights, or criticize others. It is best to practice in private and not show off your abilities. The highest level of kung fu is when others do not even know that you train martial arts.
7. It is a great insult to your Sifu and Ving Tsun to speak of, practice or teach any other martial arts while you study Ving Tsun. You may have studied other martial arts, or plan to in the future, which is fine, but it is best to train one art at a time, from one Sifu. Keep talking to a minimum during class and it should only be about your Ving Tsun.
8. Completely cover any open cuts or wounds with bandages or do not participate with anyone. Keep your fingernails short.
9. Wear your uniform to every class and it should be clean and neat. Wear long black pants, black tennis shoes or black kung fu shoes and a white tee shirt. There should be no words, pictures, or symbols on any clothing. Phones of f unless you are expecting a very important call such as a family or work emergency.
10. Never use your Kung Fu to hurt anyone unless you must protect yourself. Always defend yourself within the guidelines of the law.

Location

St. Matthew the Apostle Episcopal Church

7410 Sunset Drive

Miami, FL 33143

Phone 786-399-7129

Reminder: Please bring completed and signed hold harmless agreement, application for membership, and \$125 Cash required to be admitted.

Please follow other students in from parking lot or call and I will come greet you.

Thank You.